

THANKSGIVING THOUGHTS



T

Teach about what your family and friends do on thanksgiving and what to expect on the day.

H

Help the person with ASD know what the plan is for the day and how they can help prepare in the kitchen or in another way.

A

Access to their favorite foods, toys and activities will be helpful for everyone to make this day a success.

N

Need to have a way for your child to communicate if they are having a hard time. Bring visuals or devices to help.

K

Keep the fun going on this day - don't try to force feed foods, or the person with ASD in social situations like taking pictures and conversations.

S

Schedules will help your person with ASD know what is happening throughout the day and what they can expect.

HD

Have Dreams has recipes to try, art activities and games that you can download and play to keep the fun going!

